

BRING ERG ED® TO YOUR Community

PURCHASE THE ERG ED® CURRICULUM

ERGE ED

The Erg Ed®: Rowing in the Classroom curriculum is a nationally recognized and SHAPE aligned Physical Education unit that offers easy implementation and integration for teachers, schools, and administrators to enhance their students' physical education experience.

Designed by teachers *for teachers,* it is a fun and effective way to present rowing to students in a classroom environment.



20 SCHOOL DISTRICTS & OVER 50,000 STUDENTS NATIONWIDE

WHAT'S INCLUDED?

- Erg Ed® Core Curriculum
 2 Fundamental Lessons, 4 Core Lessons, and 20 Row On Lessons
- Appendices
 - Teacher Planning Guide, Equipment Troubleshooting & Maintenance, Additional Lesson Suggestions, and Rowing Glossary
 - Curriculum National Standards Overview
- Classroom Resources
 - In Class Posters & Lesson Handouts
 - 17 video curriculum series for in-classroom support
- Erg Ed® Teacher/Instructor Certification Course
- Ongoing access and upgrades to the Erg Ed online teacher resource website



HELPING YOUNG PEOPLE ACCESS AND EXPERIENCE THE LIFE-CHANGING SPORT OF ROWING SINCE 1984

WHAT DOES IT COST?

- \$5,000 one-time initial fee for access to the current Erg Ed curriculum and accompanying materials
- Additional teacher/instructor trainings are available for \$1000

FOR MORE INFORMATION

pocockfoundation.org/erg-ed erged@pocockfoundation.org